



Narodowy Fundusz Zdrowia

## Public Health Insurance

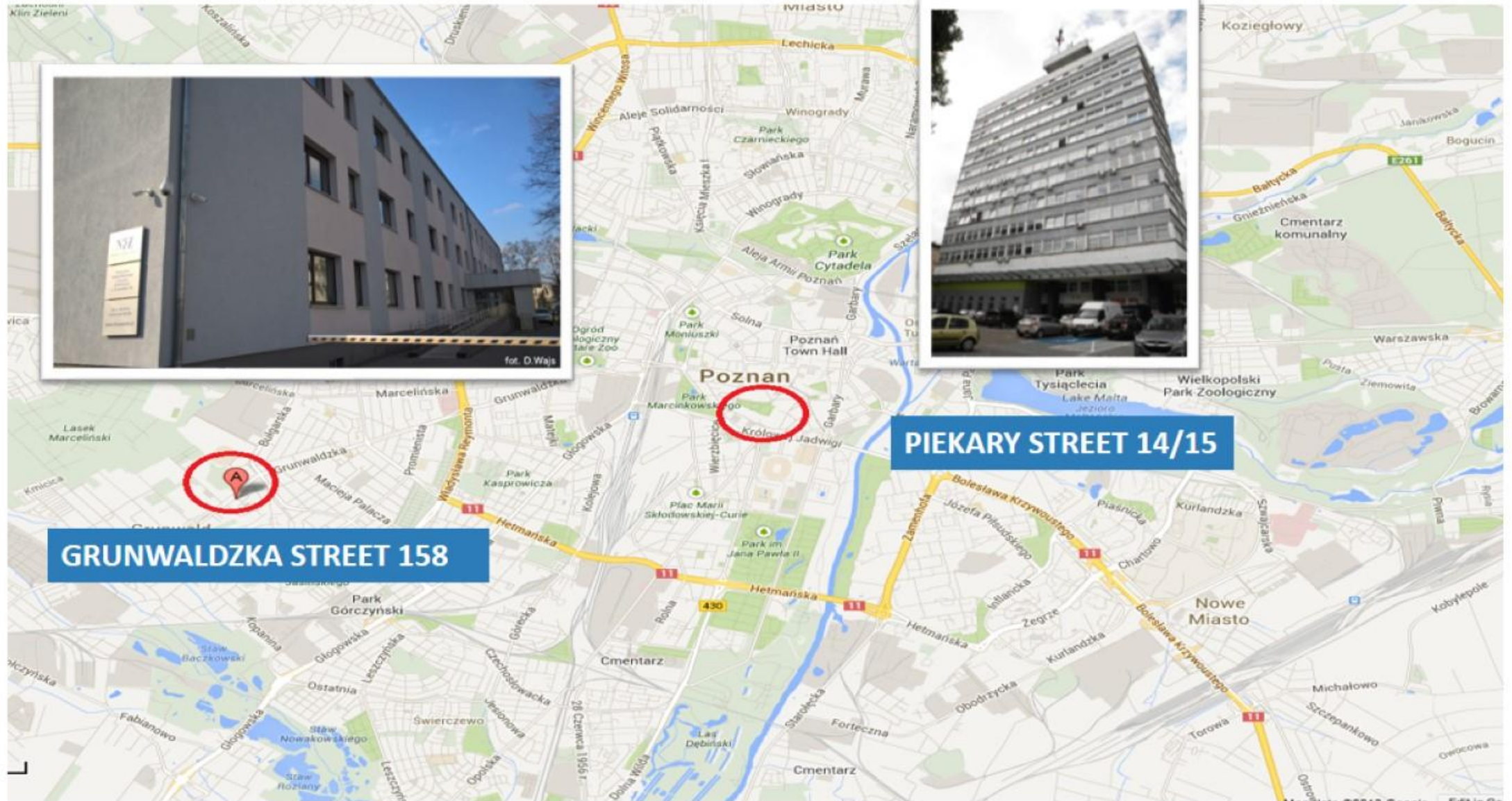
**ACCESS TO HEALTH CARE SYSTEM IN POLAND  
FOR FOREIGNERS**

# NFZ

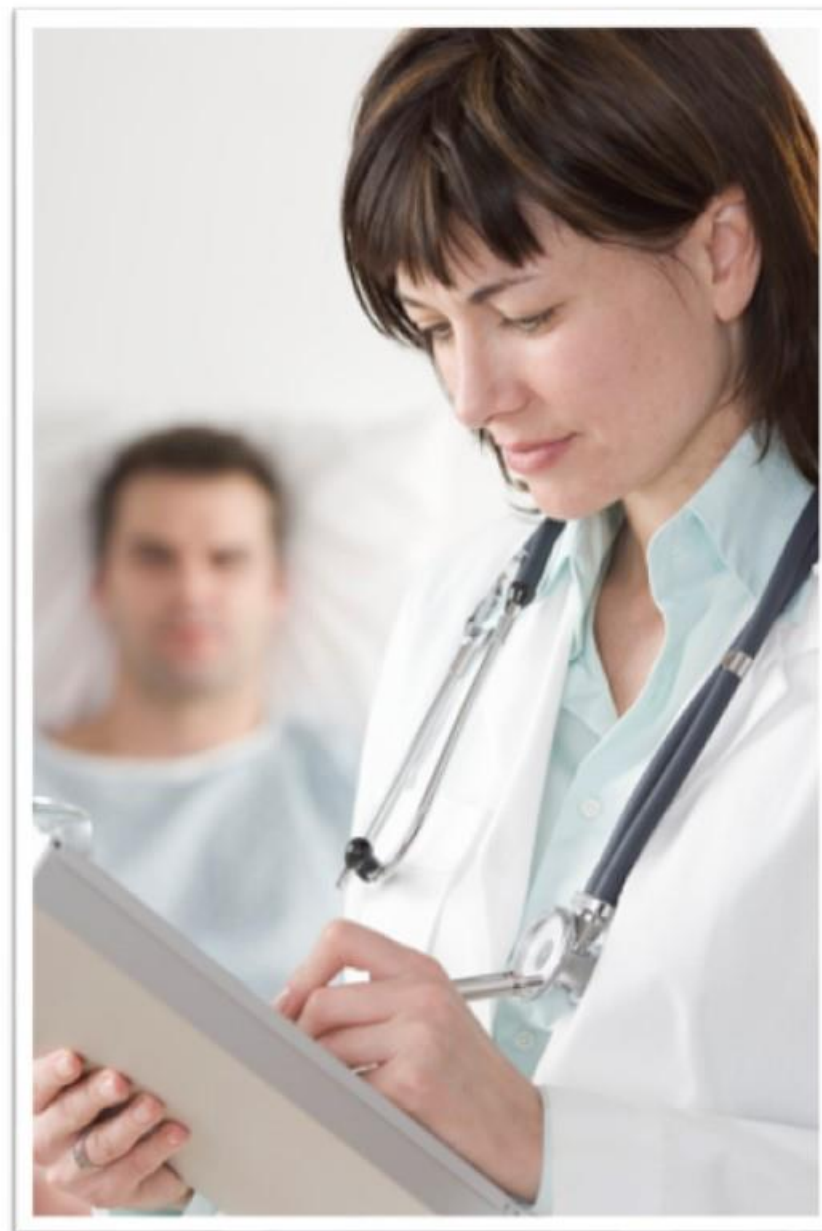
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# National Health Fund: offices in Poznań



# Health insurance for EU students



Source: [www.sxc.hu](http://www.sxc.hu)

# Student from outside the EU

How to get public health insurance?



**NFZ**

Narodowy Fundusz Zdrowia

## STEP 1

# Signing an agreement with the NFZ

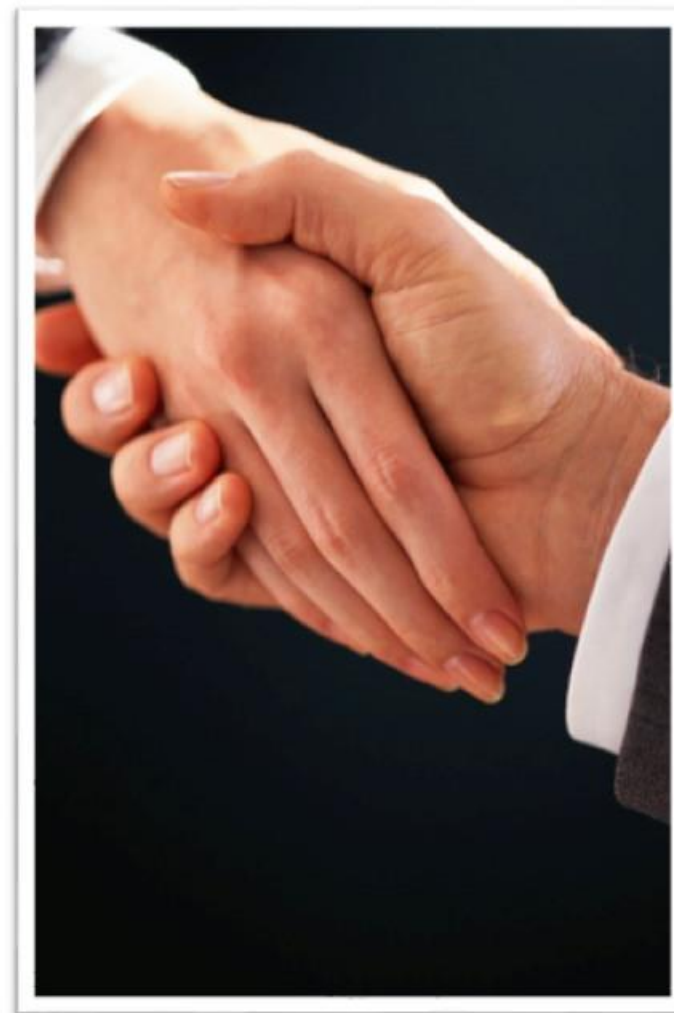
### ▶ Required documents:

- certificate issued by the Polish university
- passport or residence card

61-823 Poznań, Piekary  
Street 14/15



61 / 655 44 44



Source: [www.sxc.hu](http://www.sxc.hu)

## STEP 2

# Registration of the agreement with ZUS

(Zakład Ubezpieczeń Społecznych = Social Insurance Institution)

submission of **ZUS ZZA** form  
within **7** days

[www.zus.pl](http://www.zus.pl)

Poznań: Dąbrowskiego Street 12,  
Starołęcka Street 31,  
Fabryczna Street 27/28



61/ 841 60 00

A scan of a ZUS ZZA form, which is a registration form for the Social Insurance Institution (ZUS). The form is titled 'ZUS ZZA' and contains various fields for personal and company information, including name, address, and identification numbers. The form is partially filled out with text and numbers. A large, semi-transparent watermark 'WZOR' is visible across the center of the form.

## STEP 3

# Monthly payment of contributions

Fee: **55,80 PLN** / per month

payment on **account of the Social Insurance Institution**

**not later than on the 20<sup>th</sup> day of each month for preceding month**



Source: [www.sxc.hu](http://www.sxc.hu)



## STEP 4

### Termination of agreement

If you:

- finish your studies
- finish your stay in Poland
- start a job etc.

1. inform NFZ and declare termination of the agreement
2. Fill in **ZWUA form** and send it to the Social Insurance Institution



Source: [www.sxc.hu](http://www.sxc.hu)

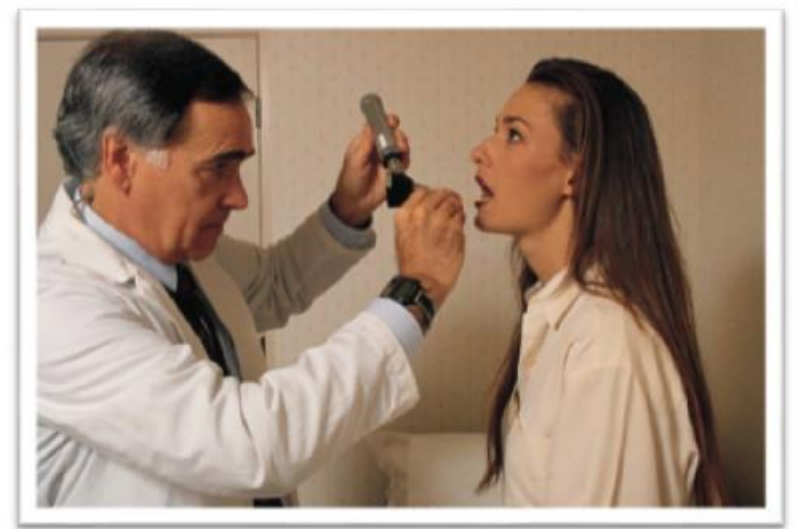
# Why NFZ?

The insured have access to:

- primary health care,
- specialized health care,
- hospital treatment,
- dental care,
- drug refund.



# At the doctor's:



Source: www.sxc.hu

## Take your proof of health insurance:

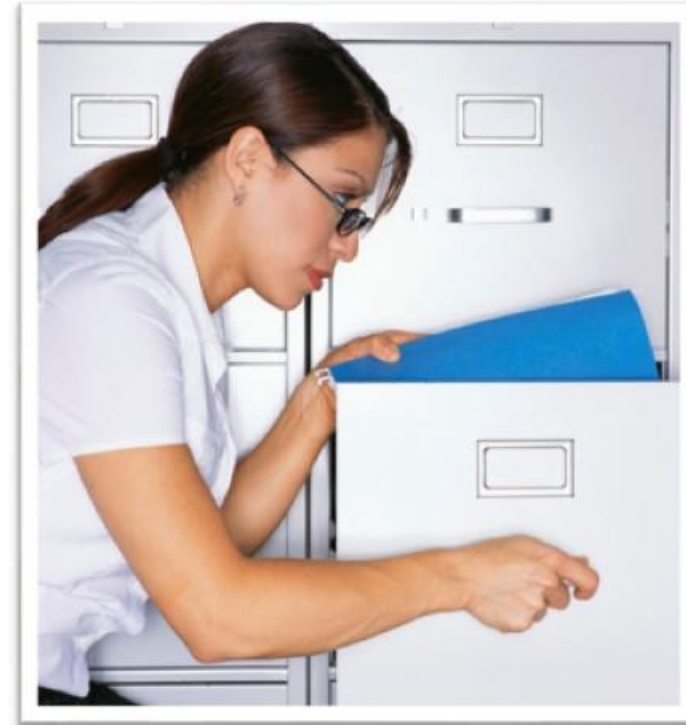
- the **European Health Insurance Card** (for UE citizens)



- or copy of the **agreement** with the **last month payment sheet**

# PESEL: Citizen Registration Number

- if you have it – use it!
- if you don't have it – use **passport** or **residence card number** instead



Source: [www.sxc.hu](http://www.sxc.hu)

**Department of Civil Affairs,  
Poznań, Libelta Street 16/20**

# If you have PESEL number

you can prove that you're insured  
via an electronic system called

**e-WUŚ**  
Elektroniczna Weryfikacja  
Uprawnień Świadczeniobiorców



# Primary and specialised Health Care

- choose your own General Practitioner (Family Doctor)
- Primary health care: Mon. – Fri.,  
8 a.m. – 6 p.m.
- after 6 p.m., on weekends and holidays:  
24-hour care provided by special units
- **referral** for specialised health care
- **without referral**: gynecologist, dentist,  
oncologist, venereologist, psychiatrist



Source: [www.sxc.hu](http://www.sxc.hu)

Thank you for your attention 😊



61/ 655 44 44

800 190 590

[kancelaria@poznan-nfz.pl](mailto:kancelaria@poznan-nfz.pl)

[www.nfz-poznan.pl](http://www.nfz-poznan.pl)

**NFZ**

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